Yuma County Library District Presents:

Special Services & Resources



A Handbook for Higher Needs Patrons Compiled by Elia Juarez, MLS

2024 Revision

Table Of Contents

Assistive Technology	2
Blind and Visually Impaired Services	7
Cancer Resources	14
Caregiver Resources	19
Children and Families	24
Deaf and Hard of Hearing	28
Dental Assistance	31
Developmental Disabilities	32
Domestic Violence and Sexual Assault	36
Educational Resources	37
Eldercare	40
Employment Services	45
Food Assistance	47
Homebound Services	49
Legal Assistance	51
Medical Assistance	53
Mental Health Services	56
Spinal and Head Injury Support	58
Transportation Services	60
Utilities Assistance	61
Veterans' Services	62
Vocational Rehabilitation	64

Assistive Technology:

Ability 360

https://ability360.org/

(602) 256-2245

Fax: (602) 254-6407

5025 E. Washington St. Suite 200 Phoenix, AZ 85034

Peer support and advocacy organization for those with disabilities as well as families and caregivers with the goal of allowing those with disabilities to live as independently as possible.

The Alzheimer's Store

<u>https://www.alzstore.com/default.asp</u>

(800) 752-3238

Email: contact@alzstore.com

Provides accessibility tools and therapeutic aids for those with Alzheimer's and their caregivers

Arizona Center for the Blind and Visually Impaired

https://acbvi.org/

(602) 273-7411

Email: contact@acbvi.com

3100 E. Roosevelt Street Phoenix, AZ 85008

Offers rehabilitation services as well as social services and assistive technology for those with visual impairment.

AZTAP: Arizona Technology Access Program

www.aztap.org

(602) 728-9534 (800) 477-9921

Fax: (866) 463-9921

Northern Arizona University 300 W. Clarendon Ave. Suite 475 Phoenix, AZ 85013

This program seeks to improve access to assistive technology of many types to individuals living in the state of Arizona while raising awareness of assistive technologies to the public at large. They also provide loans to certain individuals to aid them in purchasing assistive technology.

AZTEDP: Arizona Telecommunications Distribution Program www.acdhh.org/telecommunications/aztedp/

(602) 542-3365

(602) 761-9541 (Video Phone)

1 (866) 233-3412

Fax: (602) 542-3488

Email: <u>AzTEDP@acdhh.az.gov</u>

Provides assistive telecommunications devices including telephones, speech devices, and signaling devices for individuals with full or partial hearing loss, or who are speech impaired regardless of income.

Bierley Electronic Magnifiers

www.bierley.com/

(800) 985-0535

Email: admin@bierley.com

Sells and rents magnification devices for reading, television, and computer use.

Freedom Scientific

www.freedomscientific.com/

(727) 803-8000 (800) 444-4443

North American Corporate Office 17757 US Highway 19 N Clearwater, FL 33764

Manufactures and sells both hardware and software aimed at increasing accessibility for the visually impaired and blind individuals for home, school and work use. They also provide training on the use of their products.

Family Connect:

https://familyconnect.net/

Sells tables specially designed for use by senior citizens to help them stay connected to family and friends.

Humanware

https://www.humanware.com/en-usa/home (800) 722-3393

USA Distribution and Repair Center 7846 Jack James Dr. Stuart, FL 34997

Manufactures and sells devices for the blind and visually impaired including Braille keyboards, tablets and Braille embossers as well as text to speech machines.

JAN: Job Accommodation Network

www.askjan.org/index.cfm

(800) 526-7234

(877) 781-9403 (TYY)

Email: JAN@AskJAN.com

Provides free and confidential information for individuals in need of job accommodation solutions, and helps employers to provide these accommodations for their employees.

Kurzweil Education Systems

www.kurzweiledu.com/default.html

(800) 894-5374

Email: sales@kurzweiledu.com

Software manufacturer. Provides products to help those with dyslexia and dysgraphia as well as visual impairments and ADD/ADHD to increase reading fluency and comprehension.

Sun Sounds of Arizona https://sunsounds.org/

Tempe:

(480) 774-8300 2323 W. 14th Street Tempe, AZ 85281

Tucson:

(520) 296-2400 (Tucson) 7290 E. Broadway Suite #166 Tucson, AZ 85710

Email: info@sunsounds.org

Audio access to print media via radio or various streaming options for any individual who is unable to read or hold printed material for any reason.

ViewFinder Low Vision Resource Center www.viewfinderlowvision.com

Mesa:

(480) 924-8755 (Mesa) 1830 S. Alma School Rd. #131 Mesa, AZ 85210

Phoenix:

(623) 583-2800 (Phoenix) Foundation for Blind Children 1234 E. Northern Ave. Phoenix, AZ 85020

Tucson:

(480) 924-8755 Arizona State Schools for the Deaf and Blind 1200 W. Speedway Boulevard #35 Tucson, AZ 85745

A network of physicians and other medical professionals offering technology and rehabilitation for persons with impaired vision.

Blind and Visually Impaired Services:

American Council of the Blind https://www.acb.org/

Virginia Office

(202) 467-5081 (800) 424-8666 (Toll Free) Fax: (703) 465-5085

225 Reinekers Lake Suite 660 Alexandria, VA 22314

Minnesota Office

(612) 332-3242 (800) 866-3242 (Toll Free)

6200 Shingle Creek Parkway Suite 155 Brooklyn Center, MN 55430-2123

Advocacy agency aiming to increase independence and quality of life for those with visual impairments.

American Foundation for the Blind

https://www.afb.org/ (212) 502-7600

1101 Wilson Blvd. 6th Floor Arlington, VA 22209

Advocacy and partnership organization aimed at original research and partnership with various businesses to help create more accessibility products, as well as more accessible websites.

Additionally seek to create a culture of inclusion for those with visual impairments in the workplace.

American Macular Degeneration Foundation

https://www.macular.org/

(413) 268-7660 (888) 622-8527 (Toll Free)

PO Box 515 Northampton, MA 01061-0515

Non-profit dedicated to treatment, prevention and cure of macular degeneration while working to empower those with MD to live more independent lives.

Arizona Center for the Blind and Visually Impaired

https://acbvi.org/ (602) 273-7411

Email: contact@acbvi.com

3100 E. Roosevelt Street Phoenix, AZ 85008

Offers rehabilitation services as well as social services and assistive technology for those with visual impairment.

Arizona Talking Book Library

https://azlibrary.gov/talkingbooks

(602) 255-5578

(800) 255-5578 (Toll Free)

Fax: (602) 286-0444

1030 N 32nd Str. Phoenix, AZ 85008

Lending library of books, newspapers and magazines in audio and Braille formats for the visually impaired of homebound.

Bierley Electronic Magnifiers

www.bierley.com/

(800) 985-0535

Email: admin@bierley.com

Sells and rents magnification devices for reading, television, and computer use.

Foundation for Blind Children

https://seeitourway.org/

(602) 331-1470

Fax: (602) 678-5803

Provides a variety of services for people of all ages with visual impairments as well as counseling and assistance for parents of visually impaired children.

Freedom Scientific

www.freedomscientific.com/

(727) 803-8000 (800) 444-4443

North American Corporate Office 17757 US Highway 19 N Clearwater, FL 33764

Manufactures and sells both hardware and software aimed at increasing accessibility for the visually impaired and blind individuals for home, school and work use. They also provide training on the use of their products.

Humanware

https://www.humanware.com/en-usa/home (800) 722-3393

USA Distribution and Repair Center 7846 Jack James Dr. Stuart, FL 34997

Manufactures and sells devices for the blind and visually impaired including Braille keyboards, tablets and Braille embossers as well as text to speech machines.

Kurzweil Education Systems

www.kurzweiledu.com/default.html

(800) 894-5374

Email: sales@kurzweiledu.com

Software manufacturer. Provides products to help those with dyslexia and dysgraphia as well as visual impairments and ADD/ADHD to increase reading fluency and comprehension.

Lighthouse Guild

https://lighthouseguild.org/ (800) 284-4422

250 W. 64th Str. New York, NY 10023

National non-profit organization providing healthcare, support and training services for those with visual impairments.

National Center on Deafblindness

https://www.nationaldb.org/

(516) 366-0047

Email: support@natinaldb.org

Organization dedicated to improving the lives of children who are deafblind and their families through education and support.

National Federation of the Blind of Arizona (Yuma Chapter)

https://az.nfb.org/

(916) 893-2133 Fax: (928) 726-3159

Email: <u>yumanfbpresident@gmail.com</u>

State and local subgroup of the National Federation of the Blind. An advocacy group offering programs and resources for those with visual impairments.

National Federation of the Blind

https://nfb.org/

(410) 659-9314

Fax: (410) 685-5653 Email: <u>nfb@nfb.org</u>

200 E. Wells Street At Jernigan Place Baltimore, MD 21230

National advocacy group offering programs and resources for those with visual impairments.

SAAVI Services for the Blind https://saavi.us/

Tucson:

(520) 795-1331 3350 E. Grant Rd. Tucson, AZ 85716

Phoenix:

(602) 795-0195 2920 N. 7th Str. Phoenix, AZ 85014

The Southern Arizona Association for the Visually Impaired, better known as SAAVI, provides educational and employment services for people of all ages with visual impairments.

Sun Sounds of Arizona

https://sunsounds.org/ (480) 774-8300 (Tempe) (520) 296-2400 (Tucson) Email: info@sunsounds.org

Tempe:

2323 W. 14th Street Tempe, AZ 85281

Tucson:

7290 E. Broadway Suite #166 Tucson, AZ 85710

Audio access to print media via radio or various streaming options for any individual who is unable to read or hold printed material for any reason.

ViewFinder Low Vision Resource Center

www.viewfinderlowvision.com

(480) 924-8755 (Mesa) (623) 583-2800 (Phoenix) (480) 924-8755 (Tucson)

Mesa:

1830 S. Alma School Rd. #131 Mesa, AZ 85210

Phoenix:

Foundation for Blind Children 1234 E. Northern Ave. Phoenix, AZ 85020

Tucson:

Arizona State Schools for the Deaf and Blind 1200 W. Speedway Boulevard #35 Tucson, AZ 85745

A network of physicians and other medical professionals offering technology and rehabilitation for persons with impaired vision.

Cancer Services:

American Brain Tumor Association

https://www.abta.org/

(773) 577-8750 (800) 886-2282 (Toll Free)

8550 W. Bryn Mawr Ave. Suite 550 Chicago, IL 60631

Funds brain tumor research, and works with brain tumor patients and survivors to provide access to health care and support.

Arizona Cancer Action Center

https://www.fightcancer.org/states/arizona (202) 661-5700

655 15th Str. NW Suite 503 Washington, DC 20005

Grassroots advocacy organization with chapters in multiple states aimed at affecting policy to make cancer a legislative priority. They work to increase cancer research, education and to provide access to healthcare both to prevent and to treat all forms of cancers.

Arizona Cancer Foundation

https://www.arizonaoncologyfoundation.org/(520) 324-2840

2625 N. Craycroft Rd. Suite 215 Tucson, AZ 85712

Formerly the Arizona Oncology Foundation. Offering a variety of services, either free or at low cost for those who have been diagnosed with or are recovering from cancer including free wigs, breast prosthesis, transportation to and from medical appointments and support groups.

Arizona Cancer Foundation for Children https://azcancerfoundation.org/

(480) 350 - 7055

10115 E. Bell Road #107-278 Scottsdale, AZ 85260

Offers social, emotional and financial support to families with children who have been diagnosed with cancer. They also provide activities and special events for children and teens who have been diagnosed with cancer.

Arizong Department of Health Services

https://www.azdhs.gov/

(602) 542-1025 (602) 542-0883

150 N. 18th Ave. Phoenix, AZ 85007

Responsible for maintaining the Arizona Cancer Registry, the Arizona Comprehensive Cancer Control Program and the Well Woman HealthCheck Program with the goal of increasing knowledge in preventing and treating cancer for Arizona residents.

Bosom Buddies of Arizona

https://bosombuddies-az.org/

(602) 265-2776 (602) 231-6648

Email: info@bosombuddies-az.org

261 N. Roosevelt Ave. Chandler, AZ 85226

Non-profit organization offering support, information and resources for people who have been diagnosed with or are fighting breast cancer.

CancerCare

https://www.cancercare.org/ (800) 813-4673 (Toll Free) Email: info@cancercare.org

275 Seventh Ave. New York, NY 10001

Offering counseling, support groups, financial assistance and education for those who have been diagnosed with cancer and their families.

Cancer Support Community Arizona https://cscaz.org/

(602) 712-1006

Central Arizona Office: 360 E. Palm Str. Phoenix, AZ 85004

Offers programs and resources including education, support groups and social events for those who have been diagnosed with cancers and their families.

Full of Hope Foundation

http://www.fullofhopefoundation.org/

Email: info@fulllofhopefoundation.org

1940 W. Chandler Blvd. Suite 2-153 Chandler, AZ 85224

Provides financial assistance to ease the financial burden of cancer treatments for Arizona residents. They also fund rehabilitation programs and offers support to patients seeking care options.

Hospice of Yuma

https://www.hospiceofyuma.com/

(928) 343 - 2222

(928) 343-0688 (Fax)

Email: info@hospiceofyuma.org

1824 S. 8th Ave. Yuma, AZ 85364

Palliative care for those approaching the end of life due to advanced illness. Also offers grief support to families.

Planned Parenthood of Arizona

https://www.plannedparenthood.org/plannedparenthood-arizona

(602) 277- 7526

Fax: (602) 277-5243

4751 N. 15th Str. Phoenix, AZ 85014

Offers free or low cost health screenings for a variety of cancers including breast, testicular, ovarian and more as well as free and low cost pap and HPV screenings.

Yuma Regional Medical Center Cancer Center https://www.yumaregional.org/location/cancer-center (928) 336-2518

2375 Ridgeview Dr. Yuma, AZ 85364

Provides a variety of medical services for a variety of cancers including an on-site oncology pharmacy, pain management, palliative care and survivorship services.

Caregiver Resources:

ABRIO Care

https://abriohomecare.com/

(928) 314-9961 (888) 712-2746 (Toll Free)

183 E. 24th Street Yuma, AZ 85364

Provides in-home and respite care as well as meal prep and housekeeping services for elderly Yuma county residents.

Alzheimer's Association

https://www.alz.org/

(800) 272-3900 (Toll Free)

225 N. Michigan Ave. Chicago, IL 60601

Provides funding and support for research to end Alzheimer's Disease while also offering support for those diagnosed with Alzheimer's and their caregivers.

Alzheimer's Association, Desert Southwest Chapter https://www.alz.org/dsw

(520) 322-6601

Southern Arizona Regional Office 2990 N Swan Road Suite 147 Tucson, AZ 85712

Provides funding and support for research to end Alzheimer's Disease while also offering support for those diagnosed with Alzheimer's and their caregivers living in the southern part of Arizona.

The Alzheimer's Store

https://www.alzstore.com/default.asp

(800) 752-3238 (Toll Free) Email: contact@alzstore.com

Provides accessibility tools and therapeutic aids for those with Alzheimer's and their caregivers.

ARCH National Respite Network

https://archrespite.org/ (703) 256-2084

4220 NC-55 Suite 330 Durham, NC 27713

National network of providers of respite services for families caring for those with higher needs.

Arizona Caregiver Coalition

https://azcaregiver.org/ (888) 737-7494 (Toll Free)

Email: info@azcaregiver.org

Arizona based organization offering resources and support for caregivers in need of respite providers for family members with higher needs

Caregiver Action Network

https://www.caregiveraction.org/(202) 454-3970

1150 Connecticut Ave, NW Suite 501 Washington, DC 20036-3904

Dedicating to offering assistance and support for caregivers of those with cancers and rare diseases.

Daybreak

https://www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care

(928) 783-8316

Email: <u>programs@ccs-westaz.org</u>

321 S. 15th Ave. Yuma, AZ 85364

A branch of Catholic Community Services, Daybreak is adult all-day daycare for caregivers in need of services for higher needs or elder adults. Offering social and cognitive services as well and meals, and on-site nursing.

Direct Advocacy and Resource Center, Arizona

https://www.directaz.org/

(520) 624-6452 1001 N. Alvernon Way Tucson, AZ 85711

Organization staffed entirely by individuals with disabilities, aimed at helping those with disabilities live more independently.

Eldercare Locator

https://eldercare.acl.gov/Public/Index.aspx (800) 677-1116 (Toll Free)

National hotline and website allowing caregivers to search for housing, transportation and other resources around the country.

Emerald Springs

https://emeraldsprings.org/ (928) 329-7707

1475 S. 46th Ave, Yuma, AZ 85364

Senior living community offering assisted living, memory care and respite services.

Family Connect: https://familyconnect.net/

Sells tablets specially designed for use by senior citizens to help them stay connected to family and friends.

Foundation for Blind Children

https://seeitourway.org/ (602) 331-1470

Fax: (602) 678-5803

Provides a variety of services for people of all ages with visual impairments as well as counseling and assistance for parents of visually impaired children.

Hospice of Yuma

https://www.hospiceofyuma.com/

(928) 343-2222

(928) 343-0688 (Fax)

Email: info@hospiceofyuma.org

1824 S. 8th Ave. Yuma, AZ 85364

Palliative care for those approaching the end of life due to advanced illness. Also offers grief support to families.

MIKID Yuma

www.mikid.org

(928) 344-1983

(928) 493-3976 (Fax)

2891 S. Pacific Ave. Yuma, AZ 85364

MIKID (Mentally III Kids in Distress) offers education and resources for those under age 18 who have been diagnosed with a mental illness as well as their families.

Senior Advisor

https://www.senioradvisor.com/ (800) 805-3621 (Toll Free)

Searchable database of assisted living, memory care facilities, nursing homes and other options for seniors and their families looking to remain as independent as possible for as long as possible.

WACOG

https://www.wacog.com/ (928) 782-1886

1235 S. Redondo Center Dr. Yuma, AZ 85364

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Services include head-start programs, eldercare, support groups and financial assistance.

Children and Families

Arizona Cancer Foundation for Children

https://azcancerfoundation.org/ (480) 350-7055

10115 E. Bell Road #107-278 Scottsdale, AZ 85260

Offers social, emotional and financial support to families with children who have been diagnosed with cancer. They also provide activities and special events for children and teens who have been diagnosed with cancer.

Arizona's Children Association

https://www.arizonaschildren.org/ (602) 234-3733

4524 N. Maryvale Parkway Suite 220 Phoenix, AZ 85031

A variety of services for families with children and teens including adoption and foster care information, as well as behavioral health services.

Arizona Early Intervention Program

https://des.az.gov/azeip

(602) 532-9960

(888) 592-0140 (Toll Free)

(602) 200-9820 (Fax)

Email: <u>AzEIP@azdes.gov</u>

A division of the Arizona Department of Economic Security, AzEIP offers early screening and assistance to parents who have concerns about their child's development.

Easterseals Blake Foundation

https://www.easterseals.com/blakefoundation/(520) 327-1529

7750 E. Broadway Blvd. Suite A200 Tucson, AZ 85710

Providing disability, mental health and child welfare services for children as well as for adults with disabilities.

Family Partners LLC

https://familypartners.net/ (928) 783-3858

(602) 997-2048 (Fax)

2197 S. 4th Ave. Suite 101 Yuma, AZ 85364

Providing disability, mental health and child welfare services for children as well as for adults with disabilities.

Foundation for Blind Children

<u>https://seeitourway.org/</u>

(602) 331-1470

Fax: (602) 678-5803

Provides a variety of services for people of all ages with visual impairments as well as counseling and assistance for parents of visually impaired children.

MIKID Yuma

www.mikid.org

(928) 344-1983

(928) 493-3976 (Fax)

2891 S. Pacific Ave. Yuma, AZ 85364

MIKID (Mentally III Kids in Distress) offers education and resources for those under age 18 who have been diagnosed with a mental illness as well as their families.

National Center on Deafblindness

https://www.nationaldb.org/

(516) 366-0047

Email: support@natinaldb.org

Organization dedicated to improving the lives of children who are deafblind and their families through education and support.

Special Olympics Arizona

https://specialolympicsarizona.org/

(602) 230-1200

(602) 230-1110 (Fax)

Email: hello@soaz.org

2455 N. Citrus Rd.

Bldg. 64

Goodyear, AZ 85395

Year-round sports training and competition for both children and adults with intellectual disabilities.

Starfall Education Foundation

https://www.starfall.com/h

(888) 857-8990 (Toll Free) (800) 943-6666 (Fax)

PO Box 359 Boulder, CO 80306

An organization dedicated to making learning to read fun and engaging for children with developmental and learning disabilities. They also offer an online store with resources for caregivers.

WACOG

https://www.wacog.com/ (928) 782-1886

1235 S. Redondo Center Dr. Yuma, AZ 85364

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Services include head-start programs, eldercare, support groups and financial assistance.

Deaf and Hard of Hearing:

American Tinnitus Association

https://www.ata.org/

(800) 634-8978 (Toll Free)

8300 Boone Blvd. Suite 500 Vienna, VA 22182

Organization dedicated to helping those with tinnitus and hearing loss find medical assistance, as well as information about the disorder, and therapy.

Arizona Commission for the Deaf and Hard of Hearing

https://www.acdhh.org/

(877) 787-1989 (Toll Free) (800) 676-3777 (TYY)

Email: accesibility@sprint.com

100 N. 15th Ave. Suite 104 Phoenix, AZ 85007

Offers a wide variety of services and resources including telecommunications equipment, relay services, interpreters and family resources for the deaf, hard of hearing and deafblind community.

Arizona Relay Service

https://www.acdhh.org/telecommunications/relayservices/

Access relay services for the deaf and hard of hearing by dialing 711 from any telephone.

AZTEDP: Arizona Telecommunications Distribution Program

www.acdhh.org/telecommunications/aztedp/

(602) 542-3365

(602) 761-9541 (Video Phone)

1 (866) 233-3412

Fax: (602) 542-3488

Email: AzTEDP@acdhh.az.gov

Provides assistive telecommunications devices including telephones, speech devices, and signaling devices for individuals with full or partial hearing loss, or who are speech impaired regardless of income.

Deaf Seniors USA

https://www.deafseniors.us/

9314 Forest Hills Blvd. #506 Wellington, FL 33411

Community of deaf and hard of hearing senior citizens focused on advocacy, networking and providing resources around the country.

Hearing Health Foundation

https://hearinghealthfoundation.org/

(212) 257-6140

(888) 435-6104 (TYY)

Po Box 1397 New York, NY 10018

Funds research to improve technology for the deaf and hard of hearing as well as for those with chronic dizziness related to hearing loss.

Hearing Loss Association of America https://www.hearingloss.org/ (301) 657-2248

6116 Executive Blvd. Suite 320 Rockville, MD 20852

Offers information on a variety of hearing loss conditions, as well as a network of physicians specializing in hearing loss and hearing loss rehabilitation. Also offers assistance in obtaining assistive technology for hearing loss.

National Center on Deafblindness https://www.nationaldb.org/

(516) 366-0047

Email: support@natinaldb.org

Organization dedicated to improving the lives of children who are deafblind and their families through education and support.

Dental Assistance:

Sunset Community Health Center Dental Clinics

Yuma:

(928) 539-3140

675 S. Ave. B Yuma, AZ 85364

San Luis:

(928) 627-8584

801 N. 2nd Ave. San Luis, AZ 85349

Somerton:

(928) 627-2051

115 N. Somerton Ave. Somerton, AZ 85350

Wellton:

(928) 785-3256

10425 William St. Wellton, AZ 85356

Dental clinics offer low cost dental health options for children and adults. They also offer a mobile dental clinic every two months (depending on availability) at several school around Yuma County.

Developmental Disabilities

Achieve Human Services

https://achievehs.org/

(928) 341-0335

(855) 231-8385 (Toll Free)

(928) 329-8950 (Fax)

3220C E. 40th Str. Yuma, AZ 85365

Employment and housing services for higher needs individuals as well as behavioral health services and adult day programs.

Attention Deficit Disorder Association

https://add.org/

(800) 939-1019

Volunteer run virtual organization aimed at testing and treatment for adults who suspect they have some form of ADD or ADHD.

The ARC of Yuma County

https://thearc.org/chapter/the-arc-of-yuma-county/

(928) 580-1368

Email: thearcofyuma@outlook.com

Promotes the inclusion and rights of people with developmental disabilities. They offer employment assistance and legal assistance to people who are developmentally disabled and their families.

Cerebral Palsy Family Network

https://cpfamilynetwork.org/

(866) 586-7229 (Toll Free)

Email: families@cpfamilynetwork.org

4 Reservoir Circle Suite 200 Baltimore, MD 21208

Offering diagnosis, treatment, family support and legal help for individuals and families affected by cerebral palsy.

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder)

https://chadd.org/

(301) 306-7070

(301) 306-7090 (Fax)

4221 Forbes Blvd. Suite 270 Lanham, MD 20706

Provides information and support for people of any age who have been diagnosed with ADD/ADHD.

International Dyslexia Association

https://dyslexiaida.org/

(410) 296-0232

(410) 321-5069 (Fax)

Offers a variety of services including testing for dyslexia, a digital dyslexia library, provider directories and teacher training.

Learning Disabilities Association of America

<u>https://ldaamerica.org/</u>

(412) 341-1515

Email: info@LDAAmerica.org

4068 Mount Royal Blvd. Suite 224B Allison Park, PA 15101

Offering support, education and advocacy so individuals with learning disabilities can live as independently as possible.

LD Online

https://www.ldonline.org/ Email: ldonline@weta.org

3939 Campbell Ave. Arlington, VA 22206

A collection of articles and videos as well as an online guide about a variety of learning disabilities and ADD/ADHD. Also offers tips for LD teens about to make the transition to college, and LD young adults transitioning from college to the workforce.

National Down Syndrome Society

https://ndss.org/

(800) 221-4602 (Toll Free)

1155 15th Street NW Suite 540 Washington, DC 20005

Offering diagnosis for new and expecting parents. They also offer caregiver support, information on aging, education and employment for individuals with Down Syndrome.

RISE Services

https://riseservicesinc.org/

(480) 497-1889

(866) 242-2714 (Toll Free)

4554 E. Inverness Ave. Mesa, AZ 85206

Offering a variety of services for individuals with developmental disabilities including day and respite services, employment assistance, and residential services for all ages.

Special Olympics Arizona

https://specialolympicsarizona.org/

(602) 230-1200

(602) 230-1110 (Fax)

Email: hello@soaz.org

2455 N. Citrus Rd. Bldg. 64 Goodyear, AZ 85395

Year-round sports training and competition for both children and adults with intellectual disabilities.

Domestic Violence and Sexual Assault

Amberly's Place

https://www.amberlysplace.com/ (928) 373-0849 (24 hours)

1310 S. 3rd Ave. Yuma, AZ 85364

Emergency shelter and intervention services for domestic abuse, child abuse, elder abuse, human trafficking or sexual assault.

RAINN

https://www.rainn.org/ (800) 656-4673

24/7 assistance for survivors of sexual violence. Can also connect survivors with legal assistance and police intervention.

Educational Resources

Adult Literacy Plus of SW Arizona

https://alpsaz.org/

(928) 343-9363

Email: info@alpsaz.org

825 S. Orange Ave. Yuma, AZ 85364

Adult basic education, ESL and GED classes, tutoring and adult secondary education people aged 16 or older with free tuition for those who qualify.

Arizona @ Work

https://arizonaatwork.com/

(928) 329-0990

(877) 600-2722 (Toll Free)

3826 W. 16th Str. Yuma, AZ 85364

Offers adult education, GED, and vocational training as well as resume assistance for those seeking work in the Yuma County area.

Arizona Western College

https://www.azwestern.edu/ (928) 317-6000

2020 S. Ave. 8E Yuma, AZ 85366

Community college offering continuing education, Associates degrees and certificates in a variety of areas. Financial assistance is available.

Elementary and middle school district of 12 schools including a preschool and an online academy. The district serves primarily the western half of the city of Yuma.

Crossroads Mission Career and Academic Center https://crossroadsmission.org/academiccenter/ (928) 328-8236

944 S. Arizona Ave. Yuma, AZ 85364

Crane School District https://www.craneschools.org/ (928) 373-3400

District Office: 4250 W. 16th Str. Yuma, AZ 85364

Provides adult education, GED services and vocational training for unhoused individuals in Yuma County.

Northern Arizona University, Yuma Campus https://nau.edu/yuma/ (928) 523-9011

2020 S. Ave. 8E Yuma, AZ 85366

Co-located on the campus of Arizona Western College, NAU-Yuma offers bachelor's degree and certificate programs. Financial aid is available.

University of Arizona Yuma Campus https://nearyou.arizona.edu/yuma (928) 782-1914

7875 E. 24th Str. #7 Yuma, AZ 85365

Offers bachelor's degree and certificate programs. Financial aid is available.

Yuma Elementary School District One

https://www.yuma.org/

(928) 502-4300 (928) 502-4442 (Fax)

District Office 450 W. 6th Str. Yuma, AZ 85364

Elementary and middle school district of 18 schools including a digital academy. Primarily serving the East half of the city of Yuma and Foothills.

Yuma Union High School District

https://www.yumaunion.org/

(928) 502-4600

(928) 888-855-8114

District Office 3150 S. Ave. A Suite A Yuma, AZ 85364-7998

A district of 8 high schools, serving Yuma, Somerton and San Luis, including Vista Alternative School. The schools also provide summer lunch programs at free or low cost to the community.

Eldercare

ABRIO Care

https://abriohomecare.com/

(928) 314-9961 (888) 712-2746 (Toll Free)

183 E. 24th Street Yuma, AZ 85364

Provides in-home and respite care as well as meal prep and housekeeping services for elderly Yuma county residents.

Alzheimer's Association

https://www.alz.org/ (800) 272-3900 (Toll Free)

225 N. Michigan Ave. Chicago, IL 60601

Provides funding and support for research to end Alzheimer's Disease while also offering support for those diagnosed with Alzheimers and their caregivers.

Alzheimer's Association, Desert Southwest Chapter https://www.alz.org/dsw

(520) 322-6601

Southern Arizona Regional Office 2990 N Swan Road Suite 147 Tucson, AZ 85712

Provides funding and support for research to end Alzheimer's Disease while also offering support for those diagnosed with Alzheimer's and their caregivers living in the southern part of Arizona.

The Alzheimer's Store

https://www.alzstore.com/default.asp

(800) 752-3238

Email: contact@alzstore.com

Provides accessibility tools and therapeutic aids for those with Alzheimer's and their caregivers.

Are You Ok Program, Yuma County Sheriff's Department https://www.yumacountysheriff.org/services-ruok.htm (928) 819-2212

141 S. 3rd Ave. Yuma. AZ 85364

This service utilizes pre-recorded messages and auto-dialers to make phone calls to subscribers every day of the year. If there is no answer, deputies will make welfare checks to the subscriber's home.

Daybreak

https://www.ccs-soaz.org/services/detail/daybreak-adult-day-health-care

(928) 783-8316

Email: programs@ccs-westaz.org

321 S. 15th Ave. Yuma, AZ 85364

A branch of Catholic Community Services, Daybreak is adult all-day daycare for caregivers in need of services for higher needs or elder adults. Offering social and cognitive services as well and meals, and on-site nursing.

Emerald Springs
https://emeraldsprings.org/
(928) 329-7707

1475 S. 46th Ave, Yuma, AZ 85364

Senior living community offering assisted living, memory care and respite services.

Helping Hands of Yuma (Formerly Greater Foothills Helping Hands)

https://helpingyuma.org/

(928) 305-9974

Email: helpinghandsaobney@gmail.com

Provides support for seniors in the Yuma community to help them live as independently as possible for as long as possible by offering a variety of services such as rides and social events.

Home Instead Senior Care
https://www.homeinstead.com/ppc/home-care/
(844) 764-7399

13323 California St. Omaha, NE 68154

Connects senior citizens and their families with in-home caregivers who can provide assistive care for mobility and memory related issues as well as helping to complete daily tasks such as bathing and cooking.

Hospice of Yuma

https://www.hospiceofyuma.com/

(928) 343-2222

(928) 343-0688 (Fax)

Email: info@hospiceofyuma.org

1824 S. 8th Ave. Yuma, AZ 85364

Palliative care for those approaching the end of life due to advanced illness. Also offers grief support to families.

Senior Advisor

https://www.senioradvisor.com/ (800) 805-3621 (Toll Free)

Searchable database of assisted living, memory care facilities, nursing homes and other options for seniors and their families looking to remain as independent as possible for as long as possible.

Synergy Home Care of Yuma https://synergyhomecare.com/ (928) 817-7172

1405 W. 16th Str. Suites A, D &E Yuma, AZ 85364

Serving all of Yuma county, Synergy provides a variety of care services for a variety of needs including after-hospital care, memory care, cancer care, and fall and injury prevention.

WACOGhttps://www.wacog.com/
(928) 782-1886

1235 S. Redondo Center Dr. Yuma, AZ 85364

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Services include head-start programs, eldercare, support groups and financial assistance.

Employment Services

Achieve Human Services

https://achievehs.org/

(928) 341-0335

(855) 231-8385 (Toll Free)

(928) 329-8950 (Fax)

3220C E. 40th Str. Yuma, AZ 85365

Employment and housing services for higher needs individuals as well as behavioral health services and adult day programs.

Arizong Department of Economic Security

https://des.az.gov/

(877) 600-2722

Yuma Office:

1800 Palo Verde St. Yuma, AZ 85364

San Luis Office

663 N. William Brks Ave. San Luis, AZ 85349

Somerton Office

674 E. Main Str. Somerton, AZ 85350

Food, medical, and unemployment assistance, as well as support for domestic and sexual violence.

Arizona @ Work https://arizonaatwork.com/ (928) 329-0990 (877) 600-2722 (Toll Free)

3826 W. 16th Str. Yuma, AZ 85364

Offers adult education, GED, and vocational training as well as resume assistance for those seeking work in the Yuma County area.

Goodwill Career Center

https://www.goodwillaz.org/location/yuma/ (928) 343-7600

3097 S. 8th Ave. Yuma, AZ 85364

Career training, resume assistance, as well as career and interview coaching.

VetJobs

https://vetjobs.org/ (877) 699-7226

Email: askus@vetjobs.org

5445 Murrell Road Suites 102-177 Viera, FL 32955

Offering job search services and job training for former members of the armed services.

Food Assistance

Crossroads Mission

https://crossroadsmission.org/

(928) 783-9362

944 S. Arizona Ave. Yuma, AZ 85364

Emergency shelter for unhoused individuals and families as well as substance use recovery assistance. Additionally offers free meals three times a day for any member of the public.

SNAP - Arizona Department of Economic Security

https://des.az.gov/ (877) 600-2722

Yuma Office:

1800 Palo Verde St. Yuma, AZ 85364

San Luis Office

663 N. William Brks Ave. San Luis, AZ 85349

Somerton Office

674 E. Main Str. Somerton, AZ 85350

Food, medical, and unemployment assistance, as well as support for domestic and sexual violence.

WIC

https://www.fns.usda.gov/wic (703) 305-2062

1320 Metro Center II Alexandria, VA 22314

Food, information on healthy eating habits and breastfeeding information and assistance for expecting and new mothers with children up to age 5.

Yuma Community Food Bank https://www.yumafoodbank.org/ (928) 343-1243

2404 E. 24th St. Yuma, AZ 85365

Distributes food and water to individuals in need throughout Yuma County.

Yuma Union High School District

https://www.yumaunion.org/

(928) 502-4600 (928) 888-855-8114

District Office 3150 S. Ave. A Suite A Yuma, AZ 85364-7998

A district of 8 high schools, serving Yuma, Somerton and San Luis, including Vista Alternative School. The schools also provide summer lunch programs at free or low cost to the community.

Homebound Services

Arizona Talking Book Library

https://azlibrary.gov/talkingbooks

(602) 255 - 5578

(800) 255-5578 (Toll Free)

Fax: (602) 286-0444

1030 N 32nd Str. Phoenix, AZ 85008

Lending library of books, newspapers and magazines in audio and Braille formats for the visually impaired of homebound.

Meals on Wheels - Please see "WACOG Senior Nutrition Centers"

Sun Sounds of Arizona

https://sunsounds.org/

(480) 774-8300 (Tempe) (520) 296-2400 (Tucson)

Email: info@sunsounds.org

Tempe:

2323 W. 14th Street Tempe, AZ 85281

Tucson:

7290 E. Broadway Suite #166 Tucson, AZ 85710

Audio access to print media via radio or various streaming options for any individual who is unable to read or hold printed material for any reason. WACOG Senior Nutrition Centers (in partnership with Catholic Community Services of Yuma County)
https://www.wacog.com/senior-nutrition/

Yuma: (Meals on Wheels Distribution Center for Yuma Çounty)

(928) 782-4489

160E. 1st Str. Yuma, AZ 85364

Somerton:

(928) 627-9878

245 S. Bingham Ave. Somerton, AZ 85350

San Luis:

(928) 627-0646

790 W. San Juan Sanchez Blvd. San Luis, AZ 85349

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Nutrition Centers offer meal delivery services for senior citizens throughout the year.

Yuma County Library District Homebound Program https://yumalibrary.org/outreach-service/

(928) 373-2456

Email: rosemarie.koogler@yumalibrary.org

2951 S. 21st Dr. Yuma, AZ 85364

Once per month, the program brings library materials to patrons who are unable to access a Yuma County Library, such as patrons at assisted living facilities.

Legal Assitance

ADA: Americans With Disabilities Act:

www.ada.gov

(800) 514-0301 (833) 610-1264 (TTY)

US Department of Justice Civil Rights Division Disability Rights Division 950 Pennsylvania Ave. Washington D.C. 20530-0001

U.S. Federal government's disability-related information services and resources for people with disabilities, their families, employers, service-providers, and other community members.

Arizona Center for Disability Law

https://www.azdisabilitylaw.org/

(520) 327-9547 (Tucson)

(800) 922-1447 (Tucson, Toll Free)

Fax: (520) 884 0992 (Tucson)

(602) 247-6287 (Phoenix)

(800) 927-2260 (Phoenix, Toll Free)

Fax: (602) 247-6287 (Phoenix)

Email: center@azdisabilitylaw.org

Tucson Office:

177 N. Church Ave. Suite 800 Tucson, AZ 85701

Phoenix Office:

5025 E. Washington St. Suite 202 Phoenix, AZ 85034 Non-profit law firm dedicated to offering legal assistance to those with disabilities

AZ Law Help

https://www.azlawhelp.org/

Online database for courts information, legal help and helpful links for those in need of legal assistance or representation.

JAN: Job Accommodation Network

www.askjan.org/index.cfm

(800) 526-7234

(877) 781-9403 (TYY)

Email: JAN@AskJAN.com

Provides free and confidential information for individuals in need of job accommodation solutions, and helps employers to provide these accommodations for their employees.

Yuma Superior Court Law Library

https://www.yumacountyaz.gov/government/courts/superior-court/law-library

(928) 817-4165

Email: YumaSCLawLibrary@courts.az.gov

168 S. 2nd Ave. Suite L Yuma, AZ 85364

Full-time law librarian on staff as well as access to court rules, appeals procedures, local ordinances, legal documents and legal encyclopedias.

Medical Assitance

AHCCCS

https://www.azahcccs.gov/

(602) 417-4000 (800) 654-8713 (Toll Free)

801 E. Jefferson St. Phoenix, AZ 85034

State of Arizona's health care system for low-income individuals and families. Covers a wide range of medical services including dental and vision care in some cases.

Arizona Paralyzed Veterans of America

https://azpva.org/

(602)244-9168

Email: <u>azpva@azpva.org</u>

3333 N. Central Ave. Phoenix, AZ 85012

Works to improve the lives of US veterans with spinal cord injuries or diseases. Offers education, medical equipment and accessibility aides as well as sports teams for members.

Planned Parenthood of Arizona

<u>https://www.plannedparenthood.org/plannedparenthood-arizona</u>

(602) 277- 7526

Fax: (602) 277-5243

4751 N. 15th Str. Phoenix, AZ 85014 Offers free or low cost health screenings for a variety of cancers including breast, testicular, ovarian and more as well as free and low cost pap and HPV screenings. Also offers low or no cost STD and STI testing and birth control options.

Sunset Community Health Clinics (Medical) (See also "Dental" section for dental health clinics) https://mysunsethealth.org/

Yuma Central:

(928) 819-8999

2060 W. 2nd Str. Yuma, AZ 85364

Yuma North:

(928) 539-3140

675 S. Ave. B Yuma, AZ 85364

San Luis:

(928) 627-3822

815 E. Cesar Chavez Blvd. San Luis, AZ 85349

Somerton:

(928) 627-2051

115 N. Somerton Ave. Somerton, AZ 85350

Wellton:

(928) 785-3256

10425 William Str. Wellton, AZ 85356 Offering a variety of medical services including pediatrics, behavioral health services and general medicine. Sunset Health also offers dental services at several locations, please see "dental" section of this guide for details.

Yuma County Public Health Services
https://www.yumacountyaz.gov/government/health-district
(928) 317-4550

2200 W. 28th St. #137 Yuma, AZ 85364

Provides services to protect against the spread of communicable disease across Yuma County. Also provides environmental health services, immunization services and sexual health services.

Mental Health Services

Cenpatico

https://www.cenpatico.com/ (866) 495-6735

Allows users to search for behavioral health services throughout the country for people of all ages.

MIKID Yuma

www.mikid.org

(928) 344-1983

(928) 493-3976 (Fax)

2891 S. Pacific Ave. Yuma, AZ 85364

MIKID (Mentally III Kids in Distress) offers education and resources for those under age 18 who have been diagnosed with a mental illness as well as their families.

National Council on Mental Well-Being https://www.thenationalcouncil.org/ (202) 684-7457

1400 K Street, NW Suite 810 Washington, DC 20005

Offers education and advocacy to improve mental health services throughout the USA.

National Suicide Prevention Hotline https://988lifeline.org/

Simply call or text 988 to be connected to a mental health professional. Service is available in several languages including English, Spanish, Tagalog and French.

Yuma Counseling Services https://www.yumacounseling.com/ (928) 276-9535

2189 S. Ave. A Yuma, AZ 85364

Counseling for multiple needs including children's services, couples services, grief counseling and both individual and group services.

Spinal & Head Injury Support

Arizona Governor's Council on Spinal and Head Injuries https://headspineaz.org/

(602)774-9147

Email: <u>ATarpy@azdes.gov</u>

3425 E. Van Buren Str. Suite #102 Phoenix, AZ 85008

Works to improve the health, safety and general quality of life for Arizona residents with spinal and head injuries.

Arizona Paralyzed Veterans of America

https://azpva.org/

(602)244-9168

Email: <u>azpva@azpva.org</u>

3333 N. Central Ave. Phoenix, AZ 85012

Works to improve the lives of US veterans with spinal cord injuries or diseases. Offers education, medical equipment and accessibility aides as well as sports teams for members.

Arizona Spinal Cord Injury Association

https://www.azspinal.org/

(602) 507-4209 (888) 889-2185

5025 E. Washington St. Suite #110 Phoenix, AZ 85034

Connects individuals with spinal cord injuries with medical assistance, specialist, transportation and therapy services.

Brain Injury Alliance of Arizona

https://biaaz.org/

(602) 508-8024

(800) 500-9165 (Toll Free Helpline)

(602) 508-9165 (Fax)

5025 E. Washington St. Suite #106 Phoenix, AZ 85034

Advocacy, information, education and support for those with brain injuries and their families or caregivers. They also offer social and artistic opportunities for those with brain injuries.

Yuma Rehabilitation Hospital

https://encompasshealth.com/locations/yumarehab

(928) 726-5000

(800) 364-8440 (Toll Free)

(928) 726-5001 (Fax)

901 W. 24th Str.

Yuma, AZ 85364

Neurological, orthopedic and stroke rehabilitation as well as resources for spinal cord injury.

Transportation Services

Arizona Spinal Cord Injury Association

https://www.azspinal.org/

(602) 507-4209 (888) 889-2185

5025 E. Washington St. Suite #110 Phoenix, AZ 85034

Connects individuals with spinal cord injuries with medical assistance, specialist, transportation and therapy services.

WACOG

https://www.wacog.com/ (928) 782-1886

1235 S. Redondo Center Dr. Yuma, AZ 85364

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Services include head-start programs, eldercare, support groups and financial assistance.

YCAT On Call

https://www.ycipta.org/ycat-oncall.html (800) 782-1886

Offers door to door services on request to medical appointments, shopping, food services and pharmacy visits. In order to qualify, an application must be completed and individuals must show proof of ADA certified mobility issues.

Utilities Assistance

Arizona Department of Economic Security

https://des.az.gov/

(877) 600-2722

Yuma Office:

1800 Palo Verde St. Yuma, AZ 85364

San Luis Office

663 N. William Brks Ave. San Luis, AZ 85349

Somerton Office

674 E. Main Str. Somerton, AZ 85350

Food, medical, and unemployment assistance, as well as support for domestic and sexual violence.

WACOG

https://www.wacog.com/ (928) 782-1886

1235 S. Redondo Center Dr. Yuma, AZ 85364

Non-profit organization serving low-income and no-income families and individuals with a variety of services offered. Services include head-start programs, eldercare, support groups and financial assistance.

Veterans' Services

Arizong Department of Veterans' Services

https://dvs.az.gov/

(602) 255-3373

3839 N. 3rd Str. Phoenix, AZ 85012

Offering a wide variety of services including health care, counseling, and education for those who have served in any branch of the armed forces.

Arizona Paralyzed Veterans of America

https://azpva.org/

(602) 244-9168

Email: <u>azpva@azpva.org</u>

3333 N. Central Ave. Phoenix, AZ 85012

Works to improve the lives of US veterans with spinal cord injuries or diseases. Offers education, medical equipment and accessibility aides as well as sports teams for members.

US Department of Veterans' Affairs

https://www.va.gov/

(800) 698-2411 (Toll free, general hotline)

Portal for all services offered by the US government pertaining to veterans of the armed forces. Links to state and local chapters as well as crisis hotlines and special services.

Veterans Crisis Line

Dial 988, then press 1. Text-based assistance is also available by texting 838255, or by online chat at https://www.veteranscrisisline.net/

VetJobs

https://vetjobs.org/

(877) 699-7226

Email: askus@vetjobs.org

5445 MurrelL Road Suites 102-177 Viera, FL 32955

Offering job search services and job training for former members of the armed services.

VFW

https://www.vfw.org/ (816) 756-3390

406 W. 34th Str. Kansas City, MO 64111

Metal health services, financial assistance and advocacy for veterans of foreign wars.

Yuma VA Clinic

https://www.va.gov/southern-arizona-health-care/locations/yuma-va-clinic/(928) 317-9973

3111 S. 4th Ave Yuma, AZ 85364

Vocational Rehabilitation

Yuma Nursing Center

https://www.yumanursingcenter.com/ (928) 726-6700

1850 W. 25th Str. Yuma, AZ 85364

Hospice, memory care, rehabilitation as well as occupational, speech and physical therapies.

Yuma Rehabilitation Hospital

https://encompasshealth.com/locations/yumarehab

(928) 726-5000

(800) 364-8440 (Toll Free)

(928) 726-5001 (Fax)

901 W. 24th Str. Yuma, AZ 85364

Neurological, orthopedic and stroke rehabilitation as well as resources for spinal cord injury.

Contact Us

Did we miss something? Know of a national, state or local resource not on our list, or are we missing a category? Let us know!

• Yuma County Main Library



928-782-1871

Message



elia.juarez@yumalibrary.org

Website



www.yumalibrary.org

Address



2951 S. 21st Dr. Yuma, AZ 85364